



## Kuv yuav ua ib tug tu neeg tom tsev li cas?

Nws muaj peb yam thiaj li yuav ua tau ib tug tu neeg tom tsev:

**1** Ib txoj kev cev hu tivtauj Public Authority hauv tuam nroog, ua yog pab neeg txog IHSS nrhiav neeg tu neeg. Public Authority khaws cov npe tu neeg thiab muaj kev qhia txog sab tu neeg.

Feem ntaw Public Authorities nug cov neeg xav tso npe kom muab tau:

- Pov thawj laj mej pej xeem losyog ntawv nkag tejchaw
- Ntawv social security
- Duab tseeb qhia npe losyog ntawv tsav tsheb
- Ntaub ntawv teev tseg losyog ntawv qhia kawm tag tej yam yav tas lo

Yuav kom muaj npe, hu rau Public Authority. Lawv tus xovtooj nyob hauv tseem fwv cov xovtooj sau **Public Authority – IHSS**. Tej lub tuam nroog, lawv yuav nug kom koj mus sib ntsib sib tham. Tejzaum tuam nroog yuav nug kom koj mus luam ntivtes losyog kam tshawb kev txhaum txim yav tag. Tejzaum koj yuav tsum them tu nqi ua li no.

**2** Koj kuj ua tau ib tug tu neeg yog ib tug hauv koj **tsev neeg** losyog phoojywg txais tau IHSS cov kev pab. Kom koj yog tus lawv ntiau, hu rau **County Adult Programs** losyog **IHSS** chaw ua haujlwm, ua pom nyob hauv tuam nroog cov xovtooj rau tseem fwv cov kev pab neeg losyog kev pab kho mob thiab pab tibneeg.

**3** Koj kuj nrhiav tau haujlwm tu neeg hauv ntawv nrhiav kev pab nyob hauv xovxwm thiab ntawv ceebtoom ntsia txiag tom tsev laus, tsev nyob yus kheej thiab tuam tsev ntawm koj qhovchaw.

## Koj puas yog ib tug neeg muaj lub siab pab es tseem nrhiav haujlwm?



## Muaj Haujlwm Tu Neeg nrog rau In-Home Supportive Services (IHSS) Program

## Koj puas yog ib tug neeg muaj lub siab pab es tseem nrhiav haujlwm?

Koj hloov tau cov laus losyog cov neeg xiam cev ua lawv xav tau kev pab tu tus kheej thiab vajtse kom lawv nyob tau tsis muaj kev ntshai thiab lawv tibleeg hauv lawv tsev.

Kev tu neeg yav tag tsis yog ib qhov yuav tsum muaj. Los ntawm tseem fwv nyiaj pab, tejzaum yuav muab nyiaj them koj tu cov laus losyog cov xiam cev pab lawv tu tus kheej thiab haujlwm vajtse.



## IHSS yog dabtsi?

In-Home Supportive Services (IHSS) muaj kev pab tu tus kheej thiab haujlwm vajtse rau cov neeg laus, digmuag losyog xiam cev ua lawv muaj cwj ciam tu tus kheej tabsi nyob taus lawv tej tsev yog muaj kev pab.



## Cov kev pab muaj li cas?

Nyiaj txiag los ntawm lub tebchaws, lub lav thiab lub tuam nroog yog siv them tsev neeg, phoojywg losyog lwm tus tuaj pab tu neeg tom lawv tsev li nram qab no:

- **Haujlwm hauv tsev**, ib Yam li tu tsev, hloov ntaub pua chaw, ntxhua khaub ncaws, npaj zaubmov thiab ntsaig, yuav khoom noj thiab lwm yam haujlwm me.
- **Kev tu tus kheej**, ib Yam li kev pab da dej, ntsis plaub hau, nhav khaub ncaws, noj mov, nce thiab nqi saum txaj, ncig hauv tsev, tu quav/zi, ua pa, tshuaj noj, tu cev yas, thiab nrog mus kuaj mob teem tseg.

Cov neeg pab tu hu ua **homecare providers**.

